Examination of the cardiac system

Assessment of competences for ANP

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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|  | | **NOT competent** | **Competent** | **Signature and date** |
| Examination of the cardiac system | | | | |
| 1 | General inspection   * Skin colour * Head and neck * JVP * Chest * Symmetry * Identify landmarks * Clavicles * Suprasternal notch * Sternum * Midclavicular line * Intercostal spaces |  |  |  |
| 2 | Palpation   * Correct positioning of patient (45 degrees central/right side) * Peripheral pulses * Rate * Rhythm * Character * Volume * Simultaneous palpation of carotid and peripheral pulses * Able to identify lines of reference and intercostal spaces * Able to locate apical beat * Distinguish thrills, heaves and abnormal pulsation |  |  |  |
| 3 | Percussion   * Left cardiac border * 3rd Lt ICS medial to midclavicular line * Repeat for 4th and 5th ICS * Estimate cardiac size |  |  |  |
| 4 | Auscultation   * Anatomical areas of auscultation * Aortic valve * Pulmonary valve * Erb’s point * Mitral valve * Tricuspid valve * Normal heart sounds; S1, 2, 3 and 4 * Systolic murmurs * Diastolic murmurs |  |  |  |
| 5 | Describes the process of cardiac cycle related to the assessment and examination |  |  |  |
| 6 | Describes and understands the Canadian cardiac scoring system   * Breathlessness * Orthopnoea * PND * Palpitations * Syncope * Dizziness |  |  |  |
| 7 | Understands diagnosis and differential diagnosis |  |  |  |
| 8 | Understands further investigations and management plan   * Routine blood tests, ECG, ECHO, TOE, angiogram and CT/MRI |  |  |  |
| **Assessor’s comments**: | | | | |
|  | | | | |
| **This practitioner has completed these outcomes to the appropriate standard.**  **Assessor’s name:**  **Signature and date:** | | **Practitioner’s signature:**  **Date:** | | |